

# February 2018



125 West Main Street  
Springfield, OH 45502  
937-323-4948  
Building Hours: M-F 7am-7pm  
Office Hours: M-F 8:30am-4:30pm

**Don't forget to visit the  
United Senior Service's website at  
[www.unitedseniorservices.org](http://www.unitedseniorservices.org)**

<p><b>5</b> Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Keep Movin 10:30am Bridge 10:30am Aquatics 11am Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm•Pickelball 3pm</p>	<p><b>6</b> Samba 9am•Focus On Fitness 9am Yoga 9am•Moving to Music 10:30am Pinochle 11:30am•Jammers 12pm Bid Euchre 12:30pm Aquatics 1pm•Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm Aquatics 5:30pm</p>	<p><b>7</b> Aquatics 8am Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am•Aquatics 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Aquatics 1pm Samba 1pm•Bingo 1pm Pickleball 3pm</p>	<p><b>1</b> Changing Gears Breakfast 8:30am Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Pinochle 11:30am•Jammers 12pm Aquatics 1pm Scrabble 1pm <b>TRIAD 1:30pm (p5)</b> Parkinsons Exercise 2pm Pickleball 1:30pm•Aquatics 2pm Photo Club 3:30pm•P-ball Lessons 3pm Aquatics 4:30pm•Yoga 4:45pm Chair Vball 5pm•Aquatics 5:30pm</p>	<p><b>2</b> Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Bridge 12pm• Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p><b>12</b> Aquatics 8am•Pickleball 8:30am Aquatics 9am <b>Hooks &amp; Needles 9:30-11:30am (p5)</b> Aquatics 10am Keep Movin 10:30am Bridge 10:30am Aquatics 11am•Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickelball 3pm</p>	<p><b>13</b> Samba 9am•Focus on Fitness 9am Yoga 9am Moving to Music 10:30am Pinochle 11:30am•Jammers 12pm Bid Euchre 12:30pm Parkinsons Supt 1pm•Parkinsons Ex 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p><b>14</b> Aquatics 8am Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Cholesterol Screening 10am Aquatics 10am•Aquatics 11am Aquatics 12pm•Chess Club 12pm Aquatics 1pm•Samba 1pm Bingo 1pm•Pickleball 3pm <b>Sweet Treats and Trivia 6pm (p4)</b></p>	<p><b>8</b> Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Pinochle 11:30am•Jammers 12pm <b>Lunch and Learn 12pm (p5)</b> Aquatics 1pm Scrabble 1pm•Parkinsons Ex 2pm Pickleball 1:30pm•Aquatics 2pm Photo Club 3:30pm•Aquatics 4:30pm Yoga 4:45pm•Chair Volleyball 5pm Aquatics 5:30pm</p>	<p><b>9</b> Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm <b>Valentine Dinner Dance 6pm (p4)</b></p>
<p><b>19</b>  USS Closed for President's Day</p>	<p><b>20</b> Samba 9am•Focus On Fitness 9am Yoga 9am•Moving to Music 10:30am Pinochle 11:30am•Jammers 12pm Bid Euchre 12:30pm•Aquatics 1pm Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm Aquatics 5:30pm</p>	<p><b>21</b> Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Aquatics 11am Aquatics 12pm•Chess Club 12pm Bingo 1pm Aquatics 1pm•Samba 1pm Pickleball 3pm</p>	<p><b>15</b> Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Pinochle 11:30am•Jammers 12pm <b>Lunch and Learn 12pm (p5)</b> Aquatics 1pm•Scrabble 1pm Parkinsons Ex 2pm•P-ball 1:30pm Aquatics 2pm•Aquatics 3:30pm Photo Club 3:30pm•Aquatics 4:30pm Yoga 5pm•Chair Volleyball 5pm Aquatics 5:30pm</p>	<p><b>16</b> Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
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## Enon

7,21 Movie 1pm  
8 Potluck w/Deputy Dooline and Gordon - Canine 5pm  
14 Book Club 11 am  
19 USS Closed for President's Day  
21 Movie 1pm

*Games & Activites:*  
M 500 1pm  
MW Focus on Fitness 9:30am  
T Bridge 9:30am•Euchre 1pm  
W Cards for Troops 1pm  
TH Bridge(1,15) 1pm•Rook(8) 1pm  
Sleeping Bag Project 1pm  
F Enon Stitchers 1pm  
Hospice 1pm

## New Carlisle

19 USS Closed for President's Day

*Lake Avenue Games & Activities:*  
M-F Hot Meals 11am  
T Mexican Train Dominoes 12:30pm  
W 500 12:30pm  
TH Bridge 12:30pm  
F Hand, Knee, & Foot 12:30pm

*Sunrise Terrace Games & Activities:*  
13 Blood Pressure 8:30-10am  
M Mexican Train Dominoes 12:30pm  
S Bingo 1pm

## Villa Park

19 Closed for President's Day

*Games & Activities:*  
M-F Hot Meals 11:15am  
T Euchre 12:15pm•Shopping 1pm  
W Quilting 1pm  
TH Crafts 1pm  
F Keep Moving 1pm

## South Charleston

19 USS Closed for President's Day

M-F Hot Meals 11:30am

# March 2018



125 West Main Street  
Springfield, OH 45502  
937-323-4948  
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<p><b>19</b> Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Keep Movin 10:30am Bridge 10:30am <b>SAILL Spring Class</b> <b>Registration 10am-2pm (p3)</b> Aquatics 5 11am•Aquatics 6 12pm Monday Movie 12:30pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickelball 3pm</p>	<p><b>20</b> Samba 9am•Focus On Fitness 9am Yoga 9am•Tuesday Dance 10:30am Pinochle 11:30am•Jammers 12pm Bid Euchre 12:30pm•Aquatics 1pm Aquatics 2pm• Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm Aquatics 5:30pm</p>	<p><b>21</b> Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Aquatics 1pm Samba 1pm•Bingo 1pm Pickleball 3pm</p>	<p><b>22</b> Focus On Fitness 9am Poker 9am•Tai Chi 10am Pinochle 11:30am•Jammers 12pm Aquatics 1pm•Scrabble 1pm Parkinsons Exercise 2pm Pickleball 1:30pm•Aquatics 2pm Photo Club 3:30pm•Aquatics 4:30pm Yoga 5pm•Chair Volleyball 5pm Aquatics 5:30pm</p>	<p><b>23</b> Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
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## Enon

7, 28 Movie 1pm  
14 Ice Cream Social 1-3pm

### Games & Activities:

M 500 1pm  
MW Focus on Fitness 9:30am  
T Bridge 9:30am•Euchre 1pm  
W Cards for Troops 1pm;  
TH Bridge (1,15) 1pm•Rook (8) 1pm  
Sleeping Bag Project (29) 1pm  
F Enon Stitchers 1pm  
Hospice 1pm

## New Carlisle

### Lake Avenue Games & Activities:

M-F Hot Meals 11am  
T Mexican Train Dominoes 12:30pm  
W 500 12:30pm  
TH Bridge 12:30pm  
F Hand, Knee, & Foot 12:30pm

### Sunrise Terrace Games & Activities:

13 Blood Pressure 8:30-10am  
M Mexican Train Dominoes 12:30pm  
S Bingo 1pm

## Villa Park

### Games & Activities:

M-F Hot Meals 11:15am  
T Euchre 12:15pm•Shopping 1pm  
W Quilting 1pm  
TH Crafts 1pm  
F Keep Moving 1pm

## South Charleston

M-F Hot Meals 11:30am