

April 2018

<p>2 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Blocks to Blankets 10am (p5) Keep Movin 10:30am Bridge 10:30am•Aquatics 11am Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm•Pickelball 3pm</p>	<p>3 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm•Bid Euchre 12:30pm Garden Club 12pm (p5) Aquatics 1pm•Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>4 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am•Aquatics 10am Chess Club 11am Aquatics 11am•Aquatics 12pm Aquatics 1pm Samba 1pm•Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>5 Changing Gears Bike Ride 10am Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Oil Painting 12:30pm Computer Lab 12:30-2:30pm Aquatics 1pm•Scrabble 1pm TRIAD 1:30pm (p5)•Reg P-ball 1:30pm Parkinsons Ex 2pm•Aquatics 2pm Photo Club 3:30pm•P-ball Lessons 3pm Aquatics 4:30pm•Yoga 4:45pm Chair Vball 5pm•Aquatics 5:30pm</p>	<p>6 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm• Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm Monthly Social Dance 6:30pm (p4)</p>
<p>9 Aquatics 8am•Pickleball 8:30am Aquatics 9am Aquatics 10am Keep Movin 10:30am Bridge 10:30am Aquatics 11am•Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickelball 3pm</p>	<p>10 Samba 9am•Focus on Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm Bid Euchre 12:30pm•Aquatics 1pm Parkinsons Supt 1pm•Parkinsons Ex 2pm Aquatics 2pm•Chair V-ball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>11 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Cholesterol Screening 10am Aquatics 10am•Aquatics 11am Chess Club 11am •Aquatics 12pm Aquatics 1pm•Samba 1pm Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>12 Changing Gears Bike Ride 10am Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Lunch and Learn 12pm (p5) Oil Painting 12pm•Aquatics 1pm Computer Lab 12:30-2:30pm Scrabble 1pm•Reg P-ball 1:30pm Parkinsons Ex 2pm•Aquatics 2pm P-Ball Novices 3pm Photo Club 3:30pm•Aquatics 4:30pm Yoga 4:45pm•Chair V-ball 5pm Aquatics 5:30pm</p>	<p>13 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Aquatics 11am Hula 10am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p>16 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Blocks to Blankets 10am (p5) Keep Movin 10:30am Bridge 10:30am Aquatics 11am•Aquatics 12pm Monday Movie 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm•Pickelball 3pm</p>	<p>17 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm Bid Euchre 12:30pm•Aquatics 1pm Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>18 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Aquatics 11am Chess Club 11am Blessing and Curses 11:30am (p4) Aquatics 12pm•Bingo 1pm Aquatics 1pm•Samba 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>19 Changing Gears Bike Ride 10am Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Lunch and Learn 12pm (p5) Watercolor Painting 12:30pm Computer Lab 12:30-2:30pm Aquatics 1pm•Scrabble 1pm Reg P-ball 1:30pm Parkinsons Ex 2pm• Aquatics 2pm•P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>20 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm 4-21 Pickleball Tournament 10am (p4)</p>
<p>23 Aquatics 8am Pickleball 8:30am•Aquatics 9am Aquatics 10am Keep Movin 10:30am Bridge 10:30am•Aquatics 11am Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm•Pickelball 3pm</p>	<p>24 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am Jammers 12pm Friendly Euchre 12pm Bid Euchre 12:30pm•Aquatics 1pm Aquatics 2pm•Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>25 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Aquatics 11am Chess Club 11am•Aquatics 12pm Bingo 1pm Aquatics 1pm•Samba 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm Welcome to Medicare 4pm (p4)</p>	<p>26 Changing Gears Bike Ride 10am Focus On Fitness 9am•Poker 9am Yoga 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Computer Lab 12:30-2:30pm USS Annual Meeting 1pm (p3) Aquatics 1pm•Scrabble 1pm REAL Bookclub 1:30pm Reg P-ball 1:30pm•Parkinsons Ex 2pm Aquatics 2pm•P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>27 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p>30 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Blocks to Blankets 10am (p5) Keep Movin 10:30am Bridge 10:30am Aquatics 11am•Aquatics 12pm Dilly Dally Euchre 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickelball 3pm</p>	<div style="display: flex; align-items: center;">  <div> <p>50 UNITED SENIOR SERVICES <i>Years and Counting...</i></p> <p>125 West Main Street Springfield, OH 45502 937-323-4948 Building Hours: M-F 7am-7pm Office Hours: M-F 8:30am-4:30pm</p> </div> <div style="text-align: center; flex-grow: 1;"> <p>Don't forget to visit the United Senior Service's website at www.unitedseniorservices.org</p> </div> </div>			

Enon

4,18 Movie 1pm
18 Book Club 11 am

Games & Activites:
M 500 1pm
MW Focus on Fitness 9:30am
T Bridge 9:30am•Euchre 1pm
W Cards for Troops 1pm
TH Bridge (5,19) 1pm•Rook (12) 1pm
Sleeping Bag Project (12,26) 1pm
F Enon Stitchers 1pm
Hospice 1pm

New Carlisle

Lake Avenue Games & Activities:
M-F Hot Meals 11am
T Crafts 12pm; Mexican Train
Dominoes 12:30pm
W 500 12:30pm
TH Bridge 12:30pm
F Hand, Knee, & Foot 12:30pm

Sunrise Terrace Games & Activities:
10 Blood Pressure 8:30-10am
M Mexican Train Dominoes 12:30pm
W Ceramics 12-3pm
S Bingo 1pm

Villa Park

5 Birthday Party
12 Movie
19 Commodities
26 Crafts
27 The Button Man-Jeffrey Lee
and Sandra Lee, 2pm

Games & Activities:
M-F Hot Meals 11:15am
T Euchre 12:15pm•Shopping 1pm
W Quilting 1pm
TH See dates above.
F Keep Moving 1pm

South Charleston

M-F Hot Meals 11:30am
12 Euchre 6-10pm

May 2018



125 West Main Street
Springfield, OH 45502
937-323-4948
Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

	<p>1 Samba 9am•Focus on Fitness 9am Yoga 9am•Computer Lab 9am-12pm Garden Club 12pm (p5) Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm•Bid Euchre 12:30pm Aquatics 1pm•Aquatics 2pm Parkinsons Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>2 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am Aquatics 11am•Chess Club 11am Aquatics 12pm•Aquatics 1pm Samba 1pm•Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>3 Changing Gears Bike Ride 10am Focus On Fitness 9am Poker 9am•Tai Chi 10am Wellness Exercise 10:30am Jammers 12pm•Pinochle 11:30am Computer Lab 12:30-2:30pm Oil Painting 12:30•Aquatics 1pm Scrabble 1pm•TRIAD 1:30pm (p5) Reg P-ball 1:30pm•Parkinsons Ex 2pm Aquatics 2pm•Photo Club 3:30pm Aquatics 1:30pm•P-ball Lessons 3pm Aquatics 4:30pm•Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>4 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm Monthly Social Dance 6:30pm (p4)</p>
<p>7 Aquatics 8am•Pickleball 8:30am Aquatics 9am Hooks & Needles 9:30-11:30am Aquatics 10am Keep Movin 10:30am•Bridge 10:30am Aquatics 11am•Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickleball 3pm</p>	<p>8 Samba 9am•Focus on Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Senior Day Luncheon 12pm (p12) Friendly Euchre 12pm Bid Euchre 12:30pm Parkinsons Supt 1pm•Parkinsons Ex 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>9 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Cholesterol Screenings 10am Aquatics 10am•Chess Club 11am Aquatics 11am•Aquatics 12pm Aquatics 1pm•Samba 1pm Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>10 Changing Gears Bike Ride 10am Focus On Fitness 9am Poker 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Lunch and Learn 12pm (p5) Computer Lab 12:30-2:30pm Oil Painting 12:30pm Aquatics 1pm•Scrabble 1pm Reg P-ball 1:30pm•Parkinsons Ex 2pm Aquatics 2pm•P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm•Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>11 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p>14 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Blocks to Blankets 10am (p5) Keep Movin 10:30am•Bridge 10:30am Aquatics 11am•Aquatics 12pm Monday Movie 12:30pm Aquatics 1pm•Scrabble 1:30pm Tai Chi 2pm Pickleball 3pm</p>	<p>15 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm•Bid Euchre 12:30pm Aquatics 1pm•Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>16 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Chess Club 11am Aquatics 11am•Aquatics 12pm Aquatics 1pm•Samba 1pm Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>17 Changing Gears Bike Ride 10am Focus On Fitness 9am Poker 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Lunch and Learn 12pm (p5) Watercolor Painting 12:30pm Computer Lab 12:30-2:30pm Aquatics 1pm•Scrabble 1pm Reg P-ball 1:30pm•Parkinsons Ex 2pm Aquatics 2pm•P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm•Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>18 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p>21 Aquatics 8am•Pickleball 8:30am Aquatics 9am•Aquatics 10am Keep Movin 10:30am Bridge 10:30am Aquatics 11am•Aquatics 12pm Aquatics 1pm Scrabble 1:30pm Tai Chi 2pm Pickleball 3pm</p>	<p>22 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm•Bid Euchre 12:30pm Aquatics 1pm•Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>23 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Chess Club 11am Aquatics 11am•Aquatics 12pm Aquatics 1pm•Samba 1pm Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>24 Changing Gears Bike Ride 10am Focus On Fitness 9am Poker 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Computer Lab 12:30-2:30pm Aquatics 1pm•Scrabble 1pm Reg P-ball 1:30pm Parkinsons Ex 2pm•Aquatics 2pm P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm•Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>25 Aquatics 8am Pickleball 8:30am Aquatics 9am•Weaving 9:30am Aquatics 10am•Hula 10am Aquatics 11am•Aquatics 12pm Chess Club 12pm•Casual Cards 12pm Bridge 12pm•Zumba 1pm Aquatics 1pm•Euchre 1pm Jigsaw Puzzle Group 3pm Pickleball 3pm</p>
<p>28 USS Closed for Memorial Day Holiday</p>	<p>29 Samba 9am•Focus On Fitness 9am Yoga 9am•Computer Lab 9am-12pm Blocks to Blankets 10am (p5) Moving w/Music 10:30am Pinochle 11:30am•Jammers 12pm Friendly Euchre 12pm•Bid Euchre 12:30pm Aquatics 1pm•Aquatics 2pm Parkinson Exercise 2pm Chair Volleyball 2:30pm Pickleball 4:30pm•Aquatics 3:30pm Aquatics 4:30pm•Aquatics 5:30pm</p>	<p>30 Aquatics 8am•Pickleball 8:30am Blood Pressure Screenings 8:45am Aquatics 9am•Mah Jongg 9am Vintage Voices 9am Bridge Lessons 9:30am Aquatics 10am•Chess Club 11am Aquatics 11am•Aquatics 12pm Aquatics 1pm•Samba 1pm Bingo 1pm P-ball Novices 2-4pm•Reg P-ball 4-6:15pm</p>	<p>31 Changing Gears Bike Ride 10am Focus On Fitness 9am Poker 9am•Tai Chi 10am Wellness Exercise 10:30am Pinochle 11:30am•Jammers 12pm Computer Lab 12:30-2:30pm Aquatics 1pm•Scrabble 1pm REAL Book Club 1:30pm Reg P-ball 1:30pm•Parkinsons Ex 2pm Aquatics 2pm•P-Ball Novices 3pm Aquatics 3:30pm•Photo Club 3:30pm Aquatics 4:30pm•Yoga 4:45pm Chair V-ball 5pm•Aquatics 5:30pm</p>	<p>South Charleston M-F Hot Meals 11:30am 10 Euchre 6-10pm</p>

Enon

- 2, 16 Movie 1pm
- 8 Closed to USS activities due to Election Day.
- 16 Book Club 11am
- 28 USS Closed for Memorial Day
- 31 Ice Cream Social 1-3pm

Games & Activities:

- M 500 1pm
- MW Focus on Fitness 9:30am
- T Bridge 9:30am•Euchre 1pm
- W Cards for Troops 1pm (except 31)
- TH Bridge (3,17) 1pm•Rook (10) 1pm
Sleeping Bag Project (10,24) 1pm
- F Enon Stitchers 1pm
Hospice 1pm

New Carlisle

- 3 Spring Potluck 12:30
- 28 USS Closed for Memorial Day

Lake Avenue Games & Activities:

- M-F Hot Meals 11am
- T Crafts 12pm; Mexican Train
Dominoes 12:30pm
- W 500 12:30pm
- TH Bridge (except 3) 12:30pm
- F Hand, Knee, & Foot 12:30pm

Sunrise Terrace Games & Activities:

- 8 Blood Pressure 8:30-10am
- M Mexican Train Dominoes 12:30pm
- W Ceramics 12-3pm
- S Bingo 1pm

Villa Park

- 3 Birthday Party
- 10 Movie
- 17 Commodities
- 24 Crafts
- 28 USS Closed for Memorial Day
- 31 Thursday activity TBA

Games & Activities:

- M-F Hot Meals 11:15am
- T Euchre 12:15pm•Shopping 1pm
- W Quilting 1pm
- TH See dates above.
- F Keep Moving 1pm