

August 2018



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics	9am Focus on Fitness Yoga	8am Aquatics	9am Focus on Fitness Poker	8am Aquatics
8:30am Pickleball		8:30am Pickleball		8:30am Pickleball
9am Aquatics	9am-12pm Computer Lab	8:45am Blood Pressure Screenings	10am Tai Chi Changing Gears Bike Ride	9am Aquatics
10am Aquatics	10:30am Moving w/Music	9am Aquatics Mah Jongg Vintage Voices Bridge Lessons	10:30am Wellness Exercise No classes in August. Will resume in September.	9:30am Weaving
10:30am Keep Movin' Bridge	11:30am Pinochle			10am Aquatics
11am Aquatics	12pm Jammers Friendly Euchre	10am Aquatics	11:30am Pinochle	Hula
12pm Aquatics	12:30pm Bid Euchre	11am Aquatics Chess Club	12pm Jammers	11am Aquatics
1pm Aquatics	1pm Aquatics	12pm Aquatics	1pm Aquatics Scrabble	12pm Aquatics Chess Club Casual Cards Bridge
1:30pm Scrabble	2pm Aquatics Parkinson's Exercise	1pm Aquatics Bingo	1:30pm Regular Pickleball	12:15-12:45pm Drums 4 Fitness
2pm Tai Chi	2:30pm Chair Volleyball	2-4pm Pickleball for Novices	2pm Parkinsons' Exercise Aquatics	1pm Zumba Aquatics Euchre
3pm Pickleball	3:30pm Aquatics	4-6:15pm Regular Pickleball	3pm Pickleball Lessons 1st Thursday-Pickleball for Novices all other Thursdays	3-6:45pm Jigsaw Puzzle Group Pickleball
	4:30pm Pickleball Aquatics		3:30pm Photo Club (8/2 and 8/16)	
	5:30pm Aquatics		4:30pm Aquatics	
			4:45pm Yoga	
			5pm Chair Volleyball	
			5:30pm Aquatics	

Special Weekday and Monthly Activities, Programs, and Events

August 6 Blocks to Blankets 10am August 20 Blocks to Blankets 10am-3pm Monday Movie 12pm August 27 Dilly Dally Euchre 12pm	August 7 Garden Club 1pm (p5) Healthy U Chronic Pain Wksp starts (p4) August 14 Parkinsons Support 1pm	August 8 Cholesterol Screenings 10am	August 9 TRIAD 1:30pm (p5) August 9 Lunch and Learn 12pm (p5) August 16 Lunch and Learn 12pm (p5) August 30 R.E.A.L. Bookclub 1:30pm	August 23 Ice Cream Social 1:30pm (p12) August 31 USS Variety Show 6-8:30pm (p4)
---	--	--	---	---

Enon

- 1 Movie 1pm
- 15 Movie 1pm
- 29 Ice Cream Social 1pm

Games & Activities:

- M 500 1pm
- MW Focus on Fitness 9:30am
- T Bridge 9:30am•Euchre 1pm
- W Cards for Troops 1pm (except 29)
- TH Bridge 1pm (2,16)•Rook (9) 1pm Mexican Train Dominoes (30)
- F Enon Stitchers 1pm Hospice 1pm

New Carlisle

Lake Avenue Games & Activities:

- 9 Picnic Potluck 12:30 pm
- M-F Hot Meals 11am
- M Mexican Train Dominoes 12:30pm
- T Mexican Train Dominoes 12:30pm; Rock Painting, 12:30pm
- W 500 12:30pm
- TH Bridge 12:30pm (except 8/9)
- F Hand, Knee, & Foot 12:30pm

Sunrise Terrace Games & Activities:

- W Ceramics 12-3pm
- S Bingo 1pm

Villa Park

- 10 The Buckeye Man, 1:30pm
- 30 USS Jammers 1:30pm

Games & Activities:

- M-F Hot Meals 11:15am
- T Euchre 12:15pm, Shopping 1pm
- W Quilting 1pm
- F Keep Moving 1pm

South Charleston

- M-F Hot Meals 11:30am
- 9 Euchre 6-10pm
- 14 TAC Choir 1pm; Euchre 6-10pm
- 20 Homebound Gospel Music 12:30pm
- 27 Rose Hill Burial Park w/ Catered Lunch 12pm

September 2018



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics	9am Focus on Fitness Yoga	8am Aquatics	9am Focus on Fitness Poker	8am Aquatics
8:30am Pickleball		8:30am Pickleball		8:30am Pickleball
9am Aquatics	9am-12pm Computer Lab	8:45am Blood Pressure Screenings	10am Tai Chi Changing Gears Bike Ride	9am Aquatics
10am Aquatics	10:30am Moving w/Music	9am Aquatics Mah Jongg Vintage Voices Bridge Lessons	10:30am Wellness Exercise	9:30am Weaving
10:30am Keep Movin' Bridge	11:30am Pinochle		11:30am Pinochle	10am Aquatics
11am Aquatics	12pm Jammers Friendly Euchre	10am Aquatics	12pm Jammers	Hula
12pm Aquatics	12:30pm Bid Euchre	11am Aquatics Chess Club	1pm Aquatics Scrabble	11am Aquatics
1pm Aquatics	1pm Aquatics	12pm Aquatics	1:30pm Regular Pickleball	12pm Aquatics Chess Club Casual Cards Bridge
1:30pm Scrabble	2pm Aquatics Parkinson's Exercise	1pm Aquatics Bingo	2pm Parkinsons' Exercise Aquatics	1pm Zumba Aquatics Euchre
2pm Tai Chi	2:30pm Chair Volleyball	2-4pm Pickleball for Novices	3pm Pickleball Lessons 1st Thursday- Pickleball for Novices all other Thursdays	3-6:45pm Jigsaw Puzzle Group Friday Samba Pickleball
3pm Pickleball	3:30pm Aquatics	4-6:15pm Regular Pickleball	3:30pm Photo Club (8/2 and 8/16)	
	4:30pm Pickleball Aquatics		4:30pm Aquatics	
	5:30pm Aquatics		4:45pm Yoga	
			5pm Chair Volleyball	
			5:30pm Aquatics	

Special Weekday and Monthly Activities, Programs, and Events

<p>September 3 USS Closed for Labor Day Holiday</p> <p>September 10 USS Senior Golf Scramble (p4)</p> <p>September 17 Fall SALL Registration 10am-12:30pm (p3) Blocks to Blankets 10am-3pm Monday Movie 12pm</p> <p>September 24 Dilly Dally Euchre 12pm</p>	<p>September 4 Blocks to Blankets 10am Garden Club 12pm (p5)</p> <p>September 11 Parkinsons Support 1pm</p>	<p>September 4 Garden Club Road Trip see p5</p> <p>September 12 Cholesterol Screenings 10am</p>	<p>September 6 TRIAD 1:30pm (p5)</p> <p>September 13 Lunch and Learn 12pm (p5)</p> <p>September 20 Lunch and Learn 12pm (p5)</p> <p>September 27 R.E.A.L. Bookclub 1:30pm</p>	<p>September 14 Dinner Dance 6-9pm (p4)</p>
--	---	---	---	--

Enon

3 USS Closed for Labor Day Holiday
13 Pot Luck Lunch 11:30am-1pm
13 Movie: *The Post* 1pm

Games & Activities:
M 500 1pm
MW Focus on Fitness 9:30am
T Bridge 9:30am•Euchre 1pm
W Cards for Troops 1pm
TH Bridge (6,20) 1pm•Rook (13) 1pm
Mexican Train Dominoes (27) 1pm
Sleeping Bag Project (27) 1pm
F Enon Stitchers 1pm
Hospice 1pm

New Carlisle

3 USS Closed for Labor Day Holiday

Lake Avenue Games & Activities:
M-F Hot Meals 11am
M Mexican Train Dominoes 12:30pm
T Mexican Train Dominoes 12:30pm;
Rock Painting, 12:30pm
W 500 12:30pm
TH Bridge 12:30pm
F Hand, Knee, & Foot 12:30pm

Sunrise Terrace Games & Activities:
W Ceramics 12-3pm
S Bingo 1pm

Villa Park

3 USS Closed for Labor Day Holiday
12 Rose Hill Burial Park 5pm w/
Catered Dinner
14 Office Thomas Selner 1:30pm
28 TAC Choir 1:30pm

Games & Activities:
M-F Hot Meals 11:15am
T Euchre 12:15pm•Shopping 1pm
W Quilting 1pm
TH See dates above
F Keep Moving 1pm

South Charleston

3 USS Closed for Labor Day Holiday
11 Going There-Bluegrass/Gospel
Music 12:30pm
13 Euchre 6-10pm
M-F Hot Meals 11:30am