

Springfield Area Institute for Lifelong Learning



2018 Fall Session is September 24 - November 16

Offering a catalog of intellectually stimulating education for Clark County adults at least 55 years of age that inspires congenial discovery and discussion in an informal atmosphere.



Learn more about SAILL at 937-323-4948
or lifelonglearning@unitedseniorservices.org

Light refreshments for the 2018 Fall SAILL Registration provided by the Springfield Masonic Community

Registration is Now Easy as 1-2-3! *

No prior registration! No formal program, lunch or presentations!

1 - Come In
Monday, September 17, 2018
10am to 12:30pm

2 - Pick Your Classes

Each class will have a designated table. Go to the tables of the classes you want to attend where a volunteer will enter your name on the class list. When the list is full, the class is full. Waitlists will be accepted.

3 - Pay for Your Classes

When you have signed up for all your chosen classes, go to a payment table to pay with cash, check, or credit card.

You are Registered!



You must be a 2018 USS member to register for classes.

If you are not sure if your membership is current call 323-4948 before 10 am Monday, September 17.

SAILL Steering Committee

Marjorie Vereen, USS SAILL Coordinator

Stephanie Clark
Dr. Barb Mackey

Anne Deam
Dr. Barbara Matthies

Tiffany Harding
Dr. Paul Parlato

Linda Saunders

Virginia Weygant

Art Exploration, Theory and Appreciation

If you believe that cultivating an appreciation for art promotes appreciation for each other and exhibits individual uniqueness - this class is for you! This class will enrich and broaden your understanding of the fine arts. Participants should bring a sketch pad and pencil. Maximum 10 participants. Instructor: Dale Stevens

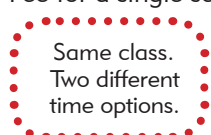
Fee: \$30

Schedule: 6 weeks, Thursdays beginning September 27, 10-11:30am, USS, 125 West Main Street

Beginning Piano, Level 2

Beginning Piano 1 or previous experience is needed for this class. Required text: Adult All-in-One Course by Palmer/Manus/Lethco can be purchased at Kincaid's Is Music in Springfield. Piano and keyboards provided, but you can bring your own.

Fee for a single session: \$20



Beginning Piano Session 1: Maximum 6 participants, Instructor: Carol Pederson
Schedule: 4 sessions, Fridays beginning September 28, 10-11am, USS, 125 West Main Street

Beginning Piano Session 2: Maximum 6 participants, Instructor: Carol Pederson
Schedule: 4 sessions, Fridays beginning October 26, 10-11am, USS, 125 West Main Street

Bits and Bytes of Computing

This course offers basic instruction covering computer hardware 101, Internet and security, internet browsers, social media including You Tube, and much more. The instructor will offer time after class for individual assistance. Maximum 20 participants. Instructor: Steve Berner

Fee: \$35

Schedule: 7 weeks, Thursdays beginning October 4, 12:30-1:30pm, USS, 125 West Main Street

Caring for Aging Loved Ones - Including Ourselves

A primer for maximizing function and minimizing misery in ourselves and those we care for. Learn strategies to improve healthy aging and opportunities for, and obstacles to, aging well. Maximum 25 participants. Instructor: Dr. Mary Jo Groves

Fee: \$10

Schedule: 2 weeks, Wednesdays beginning October 17, 2-3pm, USS, 125 West Main Street

Changes in the Publishing World

Local author Connie Chappell began her writing career on the cusp of change in the publishing world, creating a rollicking ride toward publication. Learn about her joys and fears, hard work as you marvel at the magic of writing a book. Readers and non-readers alike will enjoy this class. Maximum 25 participants. Instructor: Connie Chappell

Fee: \$5

Schedule: 1 class, Wednesday, September 26, 10-11:30am, USS, 125 West Main Street

Financial Tips for Women

Women are daughters, mothers, grandmothers, breadwinners and caregivers. This class will focus on financial issues women may be more likely to face during their lifetime. Come learn about your options. Maximum 20 participants. Instructor: Peg Foley and Rachel Brewer, Security National Bank

Fee:\$5

Schedule: 1 class, Thursday, October 18, 2-3pm, USS, 125 West Main Street

Games People Play

Ever wonder who created Monopoly, Scrabble or Clue? How did these games become so popular and how have they evolved over the years? Revisit some of your favorite pastimes and learn the secret ingredients to their timeless appeal. Light refreshments served. Maximum 30 participants. Instructor: Linda Saunders

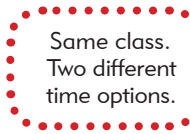
Fee: \$5

Schedule: 1 class, Thursday, October 11, 2-3:30pm, USS, 125 West Main Street

Great Decisions - Sessions 1 and 2

The Foreign Policy Association's *Great Decisions* program is America's largest discussion program on world affairs. The program model involves reading the *Great Decisions Briefing Book*, watching a corresponding DVD, and group discussion of the most critical global issues facing America today. This fall two 8-week sessions are being offered.

Fee for a single session: \$55 (\$40 class fee + \$15 *Great Decisions Briefing Book* which you will receive at registration)



Same class.
Two different
time options.

Great Decisions Session 1: Maximum 15 participants, Instructor: Mike Lyons

Schedule: 8 sessions, Tuesdays beginning September 25, 10:30-11:30am, USS, 125 West Main Street

Great Decisions Session 2: Maximum 15 participants, Instructors: John Paulsen and Rick Ellison

Schedule: 8 sessions, Tuesdays beginning September 25, 4-5pm, USS, 125 West Main Street

Images of Pets

Create a treasured picture of your favorite pet as you learn the basics of drawing and painting, using different media and techniques. Maximum 12 participants. Instructor: Gail Hakala-Eldridge

Fee:\$40, Students should bring a clear photograph of their pet, drawing paper, canvas, and acrylic paint set

Schedule: 8 weeks, Thursdays, beginning September 27, 1:30-2:30pm, USS, 125 West Main Street

Legends and Legacies of Quilts

Join quilt historian and conservator Carol Miller to learn about three different heritage quilt topics: 1) an investigation of quirky motifs used by quilters over the years; 2) the history of World War 1 quilts; 3) what to do with heirloom quilts. Participants are encouraged to bring one quilt from their private collection that fits the topic or time period to be displayed during that session. Maximum 25 participants. Instructor: Carol Miller

Fee: \$15

Schedule: 3 weeks, Mondays, beginning October 22, November 5, and November 19, 2-3:30pm, USS, 125 West Main

Life and Legacy Planning

Get organized and learn what you need to do to manage and distribute property through a will and a living trust. You will receive a checklist of items to consider. Come learn about these important documents. Maximum 20 participants. Instructor: Peg Foley

Fee:\$5

Schedule: 1 class, Thursday, November 1, 2-3pm, USS, 125 West Main Street

Light Up Your Life

Learn to stencil a night light and canvas. Choose from a variety of nature-themed stencils or bring your own. Maximum 8 participants. Instructor: Denise Roberts

Fee: \$10 +\$5 material fee payable to instructor at first class

Schedule: 2 weeks, Mondays, October 8 and October 22, 10-11am, USS, 125 West Main Street

Make It Take It 1 - Paint a Pumpkin Face

Paint two fun and creative faces on each side of a pumpkin. Emphasis will be on how to portray different expressions through paint and visual examples. Participants bring a real or craft store plastic molded pumpkin, acrylic paint (you choose the colors), paint brushes and other items to glue on for additional decoration. Maximum 10 participants. Instructor: Gail Hakala-Eldridge

Fee: \$5

Schedule: 1 class, Thursday, October 18, 3-4:30pm, USS, 125 West Main Street

Make It Take It 2 - Vinyl Rewind

Looking for a unique gift? Put a new spin on an old record by painting a Fall or Christmas design using acrylic paint on a vinyl record as your canvas! Maximum 10 participants. Instructor: Tammy Irick

Fee: \$5 +\$10 material fee payable to instructor at class

Schedule: 1 class, Thursday, November 8, 4-5:45pm, USS, 125 West Main Street

Make It Take It 3 - Holiday Bling Bling

Start making your Christmas presents now! Who wouldn't love to get beautiful, one-of-a-kind, handmade jewelry as a gift? (Psst! You don't have to give it away...make it for yourself!) Maximum 10 participants. Instructor: Tracy Wickham

Fee \$5 +\$5 material fee payable to instructor at class

Schedule: 1 class, Thursday, November 15, 3:30-5pm, USS, 125 West Main Street

Meditation in Motion

Strengthen and clear your mind as you experience a majestic symphony of meditative grace. Soothing meditations enhanced with gentle motion massage the mind and body into utter relaxation. Balancing your energy will leave you refreshed, aligned and *ready to go*. Maximum 15 participants. Instructor: Mary Katherine Somers

Fee: \$40

Schedule: 8 weeks, Wednesdays beginning September 26, 1-2pm, USS, 125 West Main Street

Pilgrimage to Jerusalem - Journey to the Sacred

This course will explore the holy city of Jerusalem and its many pilgrimages, particularly those for Christians and Jews with special focus on pilgrimages in antiquity, and how they have developed over the centuries. Journey to Temple Mount and the Western Wall, the Kidron Valley, Garden of Gethsemane, the Church of the Holy Sepulcher, the Via Dolorosa. Encounter pilgrims such as the patriarch Abraham, St. Helena, two Jewish brothers from Dayton, and a Christian couple from Atlanta. Maximum 25 participants. Instructor: Rev. Dr. Jennifer Oldstone-Moore, Professor of Religion, Wittenberg University

Fee: \$10

Schedule: 2 classes, Thursdays, November 8 and November 22, 2-3:30pm, USS, 125 West Main Street

Sew a Tunic

Sew a knit shirt that is tunic length and looks great with leggings. The first class will be an hour long, so do not buy your fabric prior to this class. The next three classes will be 90 minutes as you sew your garment. You must have a sewing machine capable of a zigzag. Maximum 8 participants. Instructor: Jane Skogstrom

Fee: \$20

Schedule: 4 weeks, Wednesdays beginning September 26, 3-4:30pm, USS, 125 West Main Street

Springfield Symphony Orchestra - 75 Years Young

Join Springfield Symphony Orchestra music director, Peter Stafford Wilson, on a historical journey through the milestones of the SSO's 75 years and get a preview of what's to come in the orchestra's 2018-2019 diamond anniversary season. Class participants will receive ½ price ticket vouchers to the SSO's October 6th Opening Night concert featuring Christopher Durrenberger of Wittenberg University, courtesy of the SSO. Snacks will be served. Maximum 50 participants. Instructor: Peter Stafford Wilson

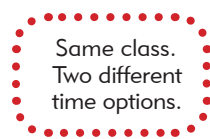
Fee: \$5

Schedule: 1 class, Wednesday, October 3, 1-2:30pm, USS, 125 West Main Street

Stained Glass Snowflake - Sessions 1 and 2

Let it snow! Create a beautiful, large, 12" snowflake made with 8-1.5" and 8-1" pre-cut bevels. You will cut all the blue glass in your choice of color. Your piece will be constructed with the foil method, then soldered. If class finishes early, have fun with the kiln making bonus masterpieces. All classes will be held at Cindy Gatten's workshop (address below.)

Fee for a single session: \$25 +\$25 materials fee payable to instructor at first class



Same class.
Two different
time options.

Stained Glass Snowflake Session 1: Maximum 5 participants, Instructor: Cindy Gatten
Schedule: 5 sessions, Wednesdays beginning October 10, 3-5pm, at Cindy's workshop, 3496 Old Mill Road, Spfd

Stained Glass Snowflake Session 2: Maximum 5 participants, Instructor: Cindy Gatten
Schedule: 5 sessions, Wednesdays beginning October 10, 6-8pm, at Cindy's workshop, 3496 Old Mill Road, Spfd

Stock Market and Economic Update

We live in interesting times! Stock prices are affected by a number of factors and events, some of which influence stock prices directly and others that do so indirectly. This course will review the events that have made the first nine months of 2018 interesting and look at what is anticipated for 2019. Maximum 20 participants. Instructors: Melissa Hallmark and Jim Kreckman, Security National Bank

Fee: \$5

Schedule: 1 class, Thursday, November 15, 2-3pm, USS, 125 West Main Street

Talking With Your Hands

If you ever wanted to learn basic sign language, this is a good place to start. Interpreter Vickie Wolfgang will teach you basic phrases, vocabulary, and give valuable insight into the Deaf community. Maximum 20 participants. Instructor: Vickie Wolfgang

Fee: \$40

Schedule: 8 weeks, Wednesdays beginning September 26, 4:30-5:30pm, USS, 125 West Main Street

Three Small Quilts

Make three cute-as-can-be little quilts from Jo Morton's book *Jo's Little Favorites*: an 18 ¾ by 18 ¾ Ohio Star; a 25 ¼ by 31 ¼ stripy basket quilt named Beth's Baskets; and a 14 ¾ by 14 ¾ unique log cabin quilt named Cabin Corners. The class will also cover making the flying geese pattern, setting triangles, half-square triangles, and two different style log cabin blocks. Students are to bring their own sewing machines. Supply list available at registration. Maximum 8 participants. Instructor: Joan Butz

Fee: \$40

Schedule: 8 weeks, Wednesdays beginning September 26, 10-11:30am, USS, 125 West Main Street

Toasters 101

Here's your opportunity to discover the various methods used through the years of creating toast, from open fire to electricity. You will leave with new definitions to words like pincher, percher, swinger, flopper and dropper. Every inventor had a better idea! Maximum 30 participants. Instructor: Richard and Vicki Matthies

Fee: \$5

Schedule: 1 class, Wednesday, October 17, 11:30-12:30pm, USS, 125 West Main Street

Scholarships available!

**Contact Marj Vereen by calling 937-323-4948
or email at lifelonglearning@unitedseniorservices.org**

Two Sticks and Some String: Hand-Knit Slippers

Keep your feet or the feet of a loved one warm and cozy this winter with hand-knit slippers. These easy-to-knit slippers would make wonderful holiday gifts! This class is for those familiar with the basics of knitting such as casting-on, executing knit and purl stitches, and binding-off. Supply list available at registration. Maximum 8 participants. Instructor: Teresa Stetler-Clear

Fee: \$25

Schedule: 5 weeks, Tuesdays beginning October 16, 3-4:30pm, USS, 125 West Main Street

Springfield Masonic Community Lecture Series**The Journey from the Gulf to Greenville: 1720-1795**

There is no such thing as objective history. All events are known and told from the biases of the historian's social, cultural, intellectual, and emotional setting. Let Chief Black Hoof open your eyes to a different perspective on the history of the 18th Century American Frontier based on oral history of the origins of his nation and cultural aspects of early Shawnee lifestyles. Maximum 125 participants. Presenter: William 'Rusty' Cottrel as Chief Black Hoof

Fee: Free - Light refreshments provided

Schedule: Monday, October 22, 1-2:30pm, Springfield Masonic Community Festival Green Clubhouse

Technology Day with CTC IT Students

Information Technology students from Springfield-Clark Career Technology Center will share their knowledge of current technology and answer questions specific to your technology needs. Bring your mobile phone, tablet or laptop and learn tips and tricks on how to use and make the most of your devices. Maximum 100 participants. Presenters: IT Students from CTC

Fee: Free - Light refreshments provided

Schedule: Friday, November 2, 10am-1pm, Springfield Masonic Community Festival Green Clubhouse

Because of SAILL, USS members are learning all KINDS of great stuff!



Students learned the art of cake decorating from Sandra Castleberry.



Natalie Fritz of the Heritage Center of Clark County, shares the history of Springfield.



Chef Doug McGregor taught participants how to create dishes with fresh tomatoes.

Explore additional lifelong learning opportunities offered in Clark County.

Clark State Community College Adult Education - 937-325-0691

<https://www.clarkstate.edu/admissions-financial-aid/what-kind-of-student-are-you/adult-returning-student/>

NTRPD - National Trail Recreation and Park District Activity Guide

<http://www.ntrpd.org/NewsLetter.html> or 937-328-7275

The Heritage Center of Clark County - Clark County Historical Society and Museum

<http://heritage.center> or 937-324-0657

Clark County Public Library Adult Learning

<https://ccploho.org/library-databases/gale-courses/> or 937-328-6903