

October 2018



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I 8:30am Pickleball NC-D-I 9am Aquatics \$-R 10am Aquatics \$-R-I Bridge \$-D 10:30am Keep Movin' \$-R 11am Aquatics \$-R-I 12pm Aquatics \$-R-I 1pm Aquatics \$-R-I 1:30pm Scrabble NC-D 2pm Tai Chi NC-D Aquatics \$-R-I 3pm Pickleball NC-D-I Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R 9am-12pm Computer Lab NC-R 10:30am Moving w/Music \$-R 11:30am Pinochle NC-D 12pm Jammers NC-D Friendly Euchre NC-D 12:30pm Bid Euchre NC-D 1pm Aquatics \$-R-I 2pm Aquatics \$-R-I Parkinson's Exercise NC-D 2:30pm Chair Volleyball NC-D 3:30pm Aquatics \$-R-I 4:30pm Pickleball NC-D-I Aquatics \$-R-I 5:30pm Aquatics \$-R-I	8am Aquatics \$-R-I 8:30am Pickleball NC-D-I 8:45-11:30am Blood Pressure Screenings NC-D 9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Bridge Lessons NC-D 10am Aquatics \$-R-I Chess Club NC-D 11am Aquatics \$-R-I 12pm Aquatics \$-R-I 1pm Aquatics \$-R-I Bingo \$-D 2pm Aquatics \$-R-I Pickleball for Novices NC-D-I 3pm Aquatics \$-R-I 4-6:15pm Pickleball NC-D-I	9am Focus on Fitness \$-R Poker NC-D 10am Tai Chi NC-D Changing Gears Bike Ride NC-D-I 10:30am Wellness Exercise NC-D 11:30am Pinochle NC-D 12pm Jammers NC-D 1pm Aquatics \$-R-I Scrabble NC-D 1:30pm Pickleball NC-D-I 2pm Parkinson's Exercise NC-D Aquatics \$-R-I 3pm Pickleball Lessons 1st Thursday- Pickleball for Novices all other Thursdays NC-D-I 3:30pm Photo Club NC-D Aquatics \$-R-I 4:30pm Aquatics \$-R-I 4:45pm Yoga \$-D 5pm Chair Volleyball NC-D 5:30pm Aquatics \$-R-I	8am Aquatics \$-R-I 8:30am Pickleball NC-D-I 9am Aquatics \$-R-I 9:30am Weaving NC-D 10am Aquatics \$-R-I Chess Club NC-D Hula NC-D 11am Aquatics \$-R-I 12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D 12:15-12:45pm Drums 4 Fitness \$-R 1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D 3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I

Key	
\$	Cost
NC	No cost
R	Registration required
D	Drop-in
I	Info/flyer available at the Matthies Welcome Center

Special Weekday and Monthly Activities, Programs, and Events

October 1
Blocks to Blankets 10am NC-D

October 8
USS Closed for Columbus Day Holiday

October 15
Blocks to Blankets 10am NC-D

October 22
Monday Movie 12pm NC-D

October 29
Great Blanket Giveaway 10am (p5) NC-D
Dilly Dally Euchre 12pm NC-D

October 9
Parkinsons Support 1pm NC-D
Member Orientation 4pm (p4) NC

October 3
Cholesterol Screenings 10am \$-D

October 4
TRIAD 1:30pm (p5) NC-D

October 11
USS Wellness Conference 1-4pm (p3) NC-D

October 18
Pool Tournament (p4) \$-R

October 25
R.E.A.L. Bookclub 1:30pm NC-D

October 5
Social Dance 6:30-9pm (p4) NC-D

October 19
Lunch and Learn 12pm (p5) NC-R
Pool Tournaments (p4) \$-R

October 20 Saturday
Pickleball Round Robin (p4) \$-R

Enon

8 USS Closed for Columbus Day

Games & Activities:
M 500 1pm
MW Focus on Fitness 9:30am
T Bridge 9:30am•Euchre 1pm
W Cards for Troops 1pm
TH Bridge, Rook or Mexican Train
Dominoes 1pm (*check w/staff for days*)
F Enon Stitchers 1pm
Hospice 1pm

New Carlisle

8 USS Closed for Columbus Day

Lake Avenue Games & Activities
M-F Hot Meals 11am
M Mexican Train Dominoes 12:30pm
T Mexican Train Dominoes 12:30pm;
Rock Painting 12:30pm
W 500 12:30pm
TH Bridge 12:30pm
F Hand, Knee, & Foot 12:30pm

Villa Park

8 USS Closed for Columbus Day

11 Legal Aid of Western Ohio,
Byron Bonar, Attorney 1:30pm

12 Homebound Gospel Music 2pm

26 TAC Choir 1:30pm

Games & Activities:
M-F Hot Meals 11:15am
T Euchre 12:15pm•Shopping 1pm
W Quilting 1pm
F Keep Moving 1pm

South Charleston

8 USS Closed for Columbus Day

9 TAC Choir 1pm

11 Euchre 6-10pm

15 Game Day Social 1-3pm

M-F Hot Meals 11:30am

November 2018



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Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R	8am Aquatics \$-R-I	9am Focus on Fitness \$-R Poker NC-D	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	9am-12pm Computer Lab NC-R	8:30am Pickleball NC-D-I	10am Tai Chi NC-D Changing Gears Bike Ride NC-D-I	8:30am Pickleball NC-D-I
9am Aquatics \$-R	10:30am Moving w/Music \$-R	8:45am Blood Pressure Screenings NC-D - 11:30am	10:30am Wellness Exercise NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I Bridge \$-D	11:30am Pinochle NC-D	9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Bridge Lessons NC-D	11:30am Pinochle NC-D	9:30am Weaving NC-D
10:30am Keep Movin' \$-R	12pm Jammers NC-D Friendly Euchre NC-D	10am Aquatics \$-R-I Chess Club NC-D	12pm Jammers NC-D	10am Aquatics \$-R-I Chess Club NC-D
11am Aquatics \$-R-I	12:30pm Bid Euchre NC-D	11am Aquatics \$-R-I	1pm Aquatics \$-R-I Scrabble NC-D	Hula NC-D
12pm Aquatics \$-R-I	1pm Aquatics \$-R-I	12pm Aquatics \$-R-I	1:30pm Pickleball NC-D-I	11am Aquatics \$-R-I
1pm Aquatics \$-R-I	2pm Aquatics \$-R-I Parkinson's Exercise NC-D	1pm Aquatics \$-R-I Bingo \$-D	2pm Parkinson's Exercise NC-D Aquatics \$-R-I	12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D
1:30pm Scrabble NC-D	2:30pm Chair Volleyball NC-D	2pm Aquatics \$-R-I Pickleball for Novices NC-D-I	3pm Pickleball Lessons 1st Thursday- Pickleball for Novices all other Thursdays NC-D-I	12:15-12:45pm Drums 4 Fitness \$-R
2pm Tai Chi NC-D Aquatics \$-R-I	3:30pm Aquatics \$-R-I	3pm Aquatics \$-R-I	3:30pm Photo Club NC-D Aquatics \$-R-I	1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D
3pm Pickleball NC-D-I Aquatics \$-R-I	4:30pm Pickleball NC-D-I Aquatics \$-R-I	4-6:15pm Pickleball NC-D-I	4:30pm Aquatics \$-R-I	3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I
Key	5:30pm Aquatics \$-R-I		4:45pm Yoga \$-D	
\$ Cost			5pm Chair Volleyball NC-D	
NC No cost			5:30pm Aquatics \$-R-I	
R Registration required				
D Drop-in				
I Info/flyer available at the Matthies Welcome Center				

Special Weekday and Monthly Activities, Programs, and Events

November 5
Hooks and Needles 12-2pm (p5) NC-D

November 12
Card Making Club 1pm (p5) NC-D

November 19
Hooks and Needles 12-2pm (p5) NC-D
Monday Movie 12pm NC-D

November 26
Dilly Dally Euchre 12pm NC-D

November 13
Parkinsons Support 1pm NC-D

November 14
Cholesterol Screenings 10am \$-D

November 8
Lunch and Learn 12pm (p5) NC-R
TRIAD 1:30pm (p5) NC-D

November 15
Lunch and Learn 12pm (p5) NC-R

November 22
USS Closed for Thanksgiving Holiday

November 29
R.E.A.L. Bookclub 1:30pm NC-D

November 2
Social Dance 6:30-9pm (p4) NC-D

November 9
Veteran's Day Celebration 4pm (p12) NC-R

November 23
USS Closed for Thanksgiving Holiday

Enon

22&23 USS Closed for Thanksgiving

Games & Activities:

M 500 1pm
MW Focus on Fitness 9:30am
T Bridge 9:30am • Euchre 1pm
W Cards for Troops 1pm
TH Bridge, Rook or Mexican Train
Dominoes 1pm (*check w/staff for days*)
F Enon Stitchers 1pm
Hospice 1pm

New Carlisle

22&23 USS Closed for Thanksgiving

Lake Avenue Games & Activities:

M-F Hot Meals 11am
M Mexican Train Dominoes 12:30pm
T Mexican Train Dominoes 12:30pm;
Rock Painting 12:30pm
W 500 12:30pm
TH Bridge 12:30pm
F Hand, Knee, & Foot 12:30pm

Villa Park

9 John Detrick/Clark Co.
Celebrates 200 Years 1:30pm

22&23 USS Closed for Thanksgiving

Games & Activities:

M-F Hot Meals 11:15am
T Euchre 12:15pm • Shopping 1pm
W Quilting 1pm
TH See dates above
F Keep Moving 1pm

South Charleston

5 Dr. Cain/Piano & Banjo 1:30pm
8 Euchre 6-10pm
22&23 USS Closed for Thanksgiving

M-F Hot Meals 11:30am