

February 2019



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R	8am Aquatics \$-R-I	9am Focus on Fitness \$-R	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	Yoga \$-R	8:30am Pickleball NC-D-I	Poker NC-D	8:30am Pickleball NC-D-I
9am Aquatics \$-R	Samba (Card Game) NC-D	8:45-11:30am Blood Pressure Screenings NC-D	10am Tai Chi NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I	9-10:30am Computer Lab NC-R	9am Aquatics \$-R-I	Changing Gears Bike Ride NC-D-I	9:30am Weaving NC-D
Bridge \$-D	10:30am Moving w/Music \$-R	Mah Jongg NC-D	10:30am Wellness Exercise NC-D	10am Aquatics \$-R-I
10:30am Keep Movin' \$-R	11:30am Pinochle NC-D	Vintage Voices NC-I	11:30am Pinochle NC-D	Chess Club NC-D
11am Aquatics \$-R-I	12pm Jammers NC-D	Bridge Lessons NC-D	12pm Jammers NC-D	Hula NC-D
12pm Aquatics \$-R-I	Friendly Euchre NC-D	Computer Lab NC-D	1pm Aquatics \$-R-I	11am Aquatics \$-R-I
1pm Aquatics \$-R-I	12:30pm Bid Euchre NC-D	10am Aquatics \$-R-I	Scrabble NC-D	12pm Aquatics \$-R-I
1:30pm Scrabble NC-D	1pm Aquatics \$-R-I	Chess Club NC-D	2pm Tai Chi NC-D	Casual Cards NC-D
2pm Tai Chi NC-D	2pm Aquatics \$-R-I	11am Aquatics \$-R-I	Aquatics \$-R-I	Bridge NC-D
Aquatics \$-R-I	Parkinson's Exercise NC	12pm Aquatics \$-R-I	1:30pm Pickleball NC-D-I	12:15-12:45pm Drums 4 Fitness \$-R
3pm Pickleball NC-D-I	2:30pm Chair Volleyball NC-D	Samba (Card Game) NC-D	2pm Parkinson's Exercise NC-D	1pm Zumba \$-R
Aquatics \$-R-I	3:30pm Aquatics \$-R-I	1pm Aquatics \$-R-I	Aquatics \$-R-I	Aquatics \$-R-I
4:15pm Monday PM Yoga	4:30pm Pickleball NC-D-I	Bingo \$-D	3pm Pickleball Lessons 1st Thursday-Pickleball for Novices all other Thursdays NC-D-I	Euchre NC-D
	Aquatics \$-R-I	Meditation in Motion \$-R	3:30pm Photo Club NC-D	3-6:45pm Jigsaw Puzzle Group NC-D
	5:30pm Aquatics \$-R-I		Aquatics \$-R-I	Pickleball NC-D-I
		2pm Aquatics \$-R-I	4:30pm Aquatics \$-R-I	
		Pickleball for Novices NC-D-I	4:45pm Yoga \$-D	
		3pm Aquatics \$-R-I	5pm Chair Volleyball NC-D	
		4-6:15pm Pickleball NC-D-I	5:30pm Aquatics \$-R-I	
		5:30pm Wed PM Zumba \$-R		

Key	
\$	Cost
NC	No cost
R	Registration required
D	Drop-in
I	Info/flyer available at the Matthes Welcome Center

Special Weekday and Monthly Activities, Programs, and Events

February 4 Chair Massage 9am-3:30 (p4) \$-R Hooks and Needles 10am-2pm NC-D	February 12 Parkinsons Support 1pm NC-D	February 13 Cholesterol Screenings and A1C 10am NC-D	February 7 TRIAD 1:30pm (p5) NC-D	February 15 Valentine Dinner Dance 6pm (p4) \$-R
February 11 Card Making Club 1pm NC-D	February 19 Hooks and Needles 10-2pm NC-D		February 14 Sweet Treats and Trivia 6pm (p4) \$-R	
February 18 USS Closed for President's Day	February 26 Adult Nail Trimming 1-4:40pm \$-R		February 21 Lunch and Learn 12pm (p5) NC-R	
February 25 No Dilly Dally Euchre			February 28 R.E.A.L. Bookclub 1:30pm NC-D	

Enon

- 21 USS Closed for President's Day
- Games & Activities:*
- MW Focus on Fitness 9:30am
 - T Bridge 9:30am•Euchre 1pm
 - W Cards for Troops 1pm
 - TH Bridge (7, 21), Sleeping Bag Project (14, 28), Mexican Train Dominoes (28) 1pm
 - F Hospice 12:30pm, Enon Stitches 1pm

New Carlisle

- 21 USS Closed for President's Day
- Lake Avenue Games & Activities*
- M-F Hot Meals 11am
 - M Mexican Train Dominoes 12:30pm
 - T Mexican Train Dominoes 12:30pm; Rock Painting 12:30pm
 - W 500 12:30pm
 - TH Bridge 12:30pm
 - F Hand, Knee, & Foot 12:30pm

Villa Park

- 21 USS Closed for President's Day
- Games & Activities:*
- M-F Hot Meals 11:15am
 - T Euchre 12:15pm•Shopping 1pm
 - W Quilting 1pm
 - F Keep Moving 1pm

South Charleston

- 14 Euchre 6-10pm
- 21 USS Closed for President's Day
- M-F Hot Meals 11:30am

March 2019



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R Samba (Card Game) NC-D	8am Aquatics \$-R-I	9am Focus on Fitness \$-R Poker NC-D	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	9-10:30am Computer Lab NC-R	8:30am Pickleball NC-D-I	10am Tai Chi NC-D Changing Gears Bike Ride NC-D-I	8:30am Pickleball NC-D-I
9am Aquatics \$-R	10:30am Moving w/Music \$-R	8:45am-11:30am Blood Pressure Screenings NC-D	10:30am Wellness Exercise NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I Bridge \$-D	11:30am Pinochle NC-D	9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Bridge Lessons NC-D	11:30am Pinochle NC-D	9:30am Weaving NC-D
10:30am Keep Movin' \$-R	12pm Jammers NC-D Friendly Euchre NC-D	9-10am Computer Lab NC-D	12pm Jammers NC-D	10am Aquatics \$-R-I Chess Club NC-D
11am Aquatics \$-R-I	12:30pm Bid Euchre NC-D	10am Aquatics \$-R-I Chess Club NC-D	1pm Aquatics \$-R-I Scrabble NC-D	11am Aquatics \$-R-I
12pm Aquatics \$-R-I	1pm Aquatics \$-R-I	11am Aquatics \$-R-I	1:30pm Pickleball NC-D-I	12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D
1pm Aquatics \$-R-I	2pm Aquatics \$-R-I Parkinson's Exercise NC-D	12pm Aquatics \$-R-I Samba (Card Game) NC-D	2pm Parkinson's Exercise NC-D Aquatics \$-R-I	12:15-12:45pm Drums 4 Fitness \$-R
1:30pm Scrabble NC-D	2:30pm Chair Volleyball NC-D	1pm Aquatics \$-R-I Bingo \$-D	3pm Pickleball Lessons 1st Thursday- Pickleball for Novices all other Thursdays NC-D-I	1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D
2pm Tai Chi NC-D Aquatics \$-R-I	3:30pm Aquatics \$-R-I	2pm Aquatics \$-R-I Pickleball for Novices NC-D-I	3:30pm Photo Club NC-D Aquatics \$-R-I	3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I
3pm Pickleball NC-D-I Aquatics \$-R-I	4:30pm Pickleball NC-D-I Aquatics \$-R-I	3pm Aquatics \$-R-I	4:30pm Aquatics \$-R-I	
	5:30pm Aquatics \$-R-I	4-6:15pm Pickleball NC-D-I	4:45pm Yoga \$-D	
			5pm Chair Volleyball NC-D	
			5:30pm Aquatics \$-R-I	

Key	
\$	Cost
NC	No cost
R	Registration required
D	Drop-in
I	Info/flyer available at the Matthies Welcome Center

Special Weekday and Monthly Activities, Programs, and Events

March 4 Chair Massage 9am-3:30 (p4) \$-R Hooks and Needles 10-2pm NC-D	March 12 Parkinsons Support 1pm NC-D	March 13 Cholesterol Screenings 10am NC-D	March 7 TRIAD 1:30pm (p5) NC-D	March 1 Social Dance 6pm (p5) NC-D
March 11 Monday Movie 12pm NC-D Card Making Club 1pm NC-D	March 19 Member Orientation/Tour 4pm (p4) NC-R		March 21 Lunch and Learn 12pm (p5) NC-R	March 15 St. Patrick's Day Luncheon 12pm (p12) \$-R
March 18 Hooks and Needles 10-2pm NC-D	March 26 Adult Nail Trimming 1-4:40pm \$-R		March 28 R.E.A.L. Bookclub 1:30pm NC-D	
March 25 Spring SAILL Registration 10am-Noon (p3) \$-R-I Dilly Dally Euchre 12pm NC-D				

Enon

Games & Activities:
 MW Focus on Fitness 9:30am
 T Bridge 9:30am•Euchre 1pm
 W Cards for Troops 1pm
 TH Bridge (7, 21), Sleeping Bag Project (14, 28), Mexican Train Dominoes (28) 1pm
 F Hospice 12:30pm, Enon Stitches 1pm

New Carlisle

Lake Avenue Games & Activities:
 M-F Hot Meals 11am
 M Mexican Train Dominoes 12:30pm
 T Mexican Train Dominoes 12:30pm;
 Rock Painting 12:30pm
 W 500 12:30pm
 TH Bridge 12:30pm
 F Hand, Knee, & Foot 12:30pm

Villa Park

Games & Activities:
 M-F Hot Meals 11:15am
 T Euchre 12:15pm•Shopping 1pm
 W Quilting 1pm
 F Keep Moving 1pm

South Charleston

14 Euchre 6-10pm
 M-F Hot Meals 11:30am