

June 2019



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R Samba (Card Game) NC-D	8am Aquatics \$-R-I	9am Focus on Fitness \$-R Poker NC-D	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	9-10:30am Computer Lab NC-R	8:30am Pickleball NC-D-I	10am CG Bike Ride NC-D-I Tai Chi NC-D	8:30am Pickleball NC-D-I
9am Aquatics \$-R	10:30am Moving w/Music \$-R	8:45am-11:30am Blood Pressure Screenings NC-D	10:30am Wellness Exercise NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I Bridge \$-D	11:30am Pinochle NC-D	9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Computer Lab NC-D	11:30am Pinochle NC-D	9:30am Weaving NC-D
10:30am Keep Movin' \$-R	12pm Jammers NC-D Friendly Euchre NC-D	9-10am Computer Lab NC-D	12pm Jammers NC-D	10am Aquatics \$-R-I Chess Club NC-D
11am Aquatics \$-R-I	12:30pm Bid Euchre NC-D	10am Aquatics \$-R-I Chess Club NC-D	1pm Aquatics \$-R-I Scrabble NC-D Canasta NC-D Samba (Card Game) NC-D	11am Aquatics \$-R-I Hula NC-D
12pm Aquatics \$-R-I	1pm Aquatics \$-R-I	11am Aquatics \$-R-I	1:30pm Pickleball NC-D-I	12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D
1pm Aquatics \$-R-I	2pm Aquatics \$-R-I Parkinson's Exercise NC-D	12pm Aquatics \$-R-I	2pm Parkinson's Exercise NC-D Aquatics \$-R-I	12:15-12:45pm Drums 4 Fitness \$-R
1:30pm Scrabble NC-D	2:30pm Chair Volleyball NC-D	1pm Aquatics \$-R-I Bingo \$-D Meditation in Motion \$-R	3pm Pickleball Lessons 1st NC-D Thursday-Pickleball for Novices all other Thursdays	1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D
2pm Tai Chi NC-D Aquatics \$-R-I	3:30pm Aquatics \$-R-I	2pm Aquatics \$-R-I Pickleball for Novices NC-D-I	3:30pm Photo Club (6-6 & 18) NC-D Aquatics \$-R-I	3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I
3pm Pickleball NC-D-I Aquatics \$-R-I	4:30pm Pickleball NC-D-I Aquatics \$-R-I	3pm Aquatics \$-R-I	4:30pm Aquatics \$-R-I	
4pm Monday PM Yoga	5:30pm Aquatics \$-R-I	4-6:15pm Pickleball NC-D-I	4:45pm Yoga \$-D	
			5pm Chair Volleyball NC-D	
			5:30pm Aquatics \$-R-I	

Key	
\$	Cost
NC	No cost
R	Registration required
D	Drop-in
I	Info/flyer available at the Matthes Welcome Center

Special Weekday and Monthly Activities, Programs, and Events

June 3 Chair Massage 9am-3:30 \$-R Card Making Club 1pm NC-D	June 11 Parkinsons Support 1pm NC-D	June 12 AIC Screenings 10am NC-D	June 6 TRIAD 1:30pm (p5) NC-D	
June 17 Summer SAILL Flyer Available (p4) Monday Movie 12pm NC-D	June 18 Member Orientation/Tour 4pm (p4) NC-R		June 20 Lunch and Learn 12pm (p5) NC-R	
June 24 Summer SAILL Registration (p4) Dilly Dally Euchre 12pm NC-D			June 27 R.E.A.L. Bookclub 1:30pm NC-D	

Enon

Games & Activities:
 MW Focus on Fitness 9:30am
 T Bridge 9am•Euchre 1pm
 TH Bridge 6-6 and 6-20, 12:30pm
 F Enon Stitches 11:30am;
 Hospice Pillows 12:30pm

New Carlisle

7 Classic Chimers 12:30pm
 11 Movie Day: *Chitty Chitty Bang Bang* 12:30pm
 18 Bunco-Contact Bonita for time
Lake Avenue Games & Activities:
 M-F Hot Meals 11am
 M Mexican Train Dominoes 12:30pm
 T Mexican Train Dominoes 12:30pm;
 Rock Painting 6-4 & 25 12:30pm
 W 500 12:30pm
 TH Bridge 12:30pm
 F Hand, Knee, & Foot 12:30pm

Villa Park

13 Banjo Music/Sing Along 1pm
 14 Jenga and Ice Cream 2:30pm
 26 BP & Random Blood Sugar
 Checks 10:30am-Noon
 28 Genetic DNA Cancer Screening
 Test 1:30pm
Games & Activities:
 M-F Hot Meals 11:15am
 T Euchre 12:15pm•Shopping 1pm
 W Quilting 1pm
 TH First Thursday: Birthday
 Bingo Party; Fourth Thursday:
 Craft Day; See Denise for times.
 F Keep Moving 1pm

South Charleston

11 Euchre 6-10pm
 17 Music by *Homebound* 1pm
 18 Ice Cream Social 1pm
 24 BP & Random Blood Sugar
 Checks 10:30am-Noon
 M-F Hot Meals 11:30am

July 2019



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R Samba (Card Game) NC-D	8am Aquatics \$-R-I	9am Focus on Fitness \$-R Poker NC-D	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	9-10:30am Computer Lab NC-R	8:30am Pickleball NC-D-I	10am CG Bike Ride NC-D-I Tai Chi NC-D	8:30am Pickleball NC-D-I
9am Aquatics \$-R	10:30am Moving w/Music \$-R	8:45am-11:30am Blood Pressure Screenings NC-D	10:30am Wellness Exercise NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I Bridge \$-D	11:30am Pinochle NC-D	9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Computer Lab NC-D	11:30am Pinochle NC-D	9:30am Weaving NC-D
10:30am Keep Movin' \$-R	12pm Jammers NC-D Friendly Euchre NC-D	10am Aquatics \$-R-I Chess Club NC-D	12pm Jammers NC-D	10am Aquatics \$-R-I Chess Club NC-D
11am Aquatics \$-R-I	12:30pm Bid Euchre NC-D	11am Aquatics \$-R-I	1pm Aquatics \$-R-I Scrabble NC-D Canasta NC-D Samba (Card Game) NC-D	11am Aquatics \$-R-I Hula NC-D
12pm Aquatics \$-R-I	1pm Aquatics \$-R-I	12pm Aquatics \$-R-I	1:30pm Pickleball NC-D-I	12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D
1pm Aquatics \$-R-I	2pm Aquatics \$-R-I Parkinson's Exercise NC-D	1pm Aquatics \$-R-I Bingo \$-D Meditation in Motion \$-R	2pm Parkinson's Exercise NC-D Aquatics \$-R-I	12:15-12:45pm Drums 4 Fitness \$-R
1:30pm Scrabble NC-D	2:30pm Chair Volleyball NC-D	2pm Aquatics \$-R-I Pickleball for Novices NC-D-I	3pm Pickleball Lessons 1st NC-D-I Thursday-Pickleball for Novices all other Thursdays	1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D
2pm Tai Chi NC-D Aquatics \$-R-I	3:30pm Aquatics \$-R-I	3pm Aquatics \$-R-I	3:30pm Photo Club (7/18) NC-D Aquatics \$-R-I	3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I
3pm Pickleball NC-D-I Aquatics \$-R-I	4:30pm Pickleball NC-D-I Aquatics \$-R-I	4-6:15pm Pickleball NC-D-I	4:30pm Aquatics \$-R-I	
4pm Monday PM Yoga	5:30pm Aquatics \$-R-I		4:45pm Yoga \$-D	
			5pm Chair Volleyball NC-D	
			5:30pm Aquatics \$-R-I	

Key	
\$	Cost
NC	No cost
R	Registration required
D	Drop-in
I	Info/flyer available at the Matthies Welcome Center

Special Weekday and Monthly Activities, Programs, and Events

July 1 Chair Massage 9am-3:30 (p4) \$-R Card Making Club 1pm NC-D	July 9 Parkinsons Support 1pm NC-D	July 10 Cholesterol Screenings 10am NC-D	July 4 USS Closed for July 4th Holiday	July 5 Puzzle Tournament 3-6:45pm (p4) NC-R
July 15 Monday Movie 12pm NC-D	July 16 Member Orientation/Tour 4pm (p4) NC-R		July 18 Lunch and Learn 12pm (p5) NC-R	July 12 Puzzle Tournament 3-6:45pm (p4) NC-R
July 22 Dilly Dally Euchre 12pm NC-D	July 23 Golden Wedding Celebration 12-2pm NC-D		July 25 R.E.A.L. Bookclub 1:30pm NC-D	July 19 Puzzle Tournament 3-6:45pm (p4) NC-R
				July 26 Puzzle Tournament 3-6:45pm (p4) NC-R

Enon

4 USS Closed for July 4th Holiday
24 Ice Cream Social 1-3pm

Games & Activities:
MW Focus on Fitness 9:30am
T Bridge 9am•Euchre 1pm
TH Bridge 7-18, 12:30pm
F Enon Stitchers 11:30am;

New Carlisle

4 USS Closed for July 4th Holiday
9 Movie Day 12:30pm
15 Mercy Health Mobile
Mammography 9am-3pm
23 Bunco-Contact Bonita for time
25 Summer Fling Picnic 12:30pm

Lake Avenue Games & Activities:
M-F Hot Meals 11am
M Mexican Train Dominoes 12:30pm
T Mexican Train Dominoes 12:30pm;
Rock Painting 7-2,16 & 30 12:30pm
W 500 12:30pm
TH Bridge 12:30pm

Villa Park

4 USS Closed for July 4th Holiday
12 Ice Cream Social 2:30pm
24 BP & Random Blood Sugar
Checks 10:30am-Noon
26 Hand Massage 1pm

Games & Activities:
M-F Hot Meals 11:15am
T Euchre 12:15pm•Shopping 1pm
W Quilting 1pm
TH First Thursday: Birthday
Bingo Party; Fourth Thursday:
Craft Day; See Denise for times.
F Keep Moving 1pm

South Charleston

4 USS Closed for July 4th Holiday
9 Euchre 6-10pm
16 Ice Cream Social 1pm
22 BP & Random Blood Sugar
Checks 10:30am-Noon
30 Bible Trivia 12:30pm
M-F Hot Meals 11:30am