# August 2019



125 West Main Street Springfield, OH 45502 937-323-4948

Building Hours: M-F 7am-7pm Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I 8:30am Pickleball NC-D-I 9am Aquatics \$-R 10am Aquatics \$-R-I Bridge \$-D 10:30am Keep Movin' \$-R 11am Aquatics \$-R-I 12pm Aquatics \$-R-I 1pm Aquatics \$-R-I 1:30pm Scrabble NC-D 2pm Tai Chi NC-D Aquatics \$-R-I 3pm Pickleball NC-D-I Aquatics \$-R-I Key \$ Cost NC No cost R Registration required D Drop-in I Info/flyer available at the Matthies Welcome Center	9am Focus on Fitness \$-R Yoga \$-R Samba (Card Game) NC-D  9-10:30am Computer Lab NC-R  10:30am Moving w/Music \$-R  11:30am Pinochle NC-D  12pm Jammers NC-D Friendly Euchre NC-D  12:30pm Bid Euchre NC-D  1pm Aquatics \$-R-I Parkinson's Exercise NC-D  2:30pm Chair Volleyball NC-D  3:30pm Aquatics \$-R-I 4:30pm Pickleball NC-D-I Aquatics \$-R-I 5:30pm Aquatics \$-R-I	8:30am Pickleball NC-D-I 8:45am Blood Pressure Screenings NC-D 9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Computer Lab NC-D  10am Aquatics \$-R-I Chess Club NC-D  11am Aquatics \$-R-I 12pm Aquatics \$-R-I 1pm Aquatics \$-R-I Bingo \$-D Meditation in Motion \$-R  2pm Aquatics \$-R-I 2-4pm Pickleball for Novices NC-D-I 3pm Aquatics \$-R-I 4-6:15pm Pickleball NC-D-I	9am Focus on Fitness \$-R Poker NC-D  10am CG Bike Ride NC-D-I Tai Chi NC-D  10:30am Wellness Exercise NC-D  11:30am Pinochle NC-D  12pm Jammers NC-D  1pm Aquatics \$-R-I Scrabble NC-D Canasta NC-D Samba (Card Game) NC-D  1:30pm Pickleball NC-D-I  2pm Parkinsons' Exercise NC-D Aquatics \$-R-I  3pm Pickleball Lessons: 9/5 NC-D-I Pickleball for Novices: 9/12, 19, 26 NC-D-I  3:30pm Photo Club NC-D Aquatics \$-R-I  4:30pm Aquatics \$-R-I  4:45pm Yoga \$-D  5pm Chair Volleyball NC-D  5:30pm Aquatics \$-R-I	8am Aquatics \$-R-I 8:30am Pickleball NC-D-I 9am Aquatics \$-R-I 9:30am Weaving NC-D 10am Aquatics \$-R-I Chess Club NC-D Hula NC-D 11am Aquatics \$-R-I Casual Cards NC-D Bridge NC-D  12:15- 12:45pm  1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D  3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I

# Special Weekday and Monthly Activities, Programs, and Events

August 5
Chair Massage 9am-3:30
Card Making Club 1pm 1
Blocks to Blankets 10am

0pm \$-R NC-D am NC-D

August 19 Monday Movie 12pm (p6) NC-D

August 26 Dilly Dally Euchre 12pm NC-D August 13
Parkinsons Support 1pm NC-D

August 1 TRIAD 1:30pm (p10) NC-D

Photo Club 3:30pm (p10) NC-D

August 15

Lunch and Learn 12pm (p10) NC-R Photo Club 3:30pm (p10) NC-D

August 22 Ice Cream Social 1:30pm (p12) NC-R

August 29 R.E.A.L Bookclub 1:30pm NC-D

### Enon

Games & Activites:

MW Focus on Fitness 9:30am Bridge 9am•Euchre 1pm Bridge 8-1 and 8-15, 12:00pm

Enon Stitchers 11:30am; Hospice Pillows 12:30pm

#### New Carlisle

Lake Avenue Games & Activities:

Wii Play 12:30pm Movie Day: Where the Red Fern

Grows 12:30pm Legal Rights for Seniors 11:30am

Rock Painting 12:30pm

Aggravation 12:30pm Floats and Popcorn 12:30pm

16 Bunco 12:30pm Craft Day 12:30pm

29 30 Ice Cream Social 12:30pm M-F

Hot Meals 11am Dominoes 12:30pm

Dominoes 8-13, 20, & 27 12:30pm

500 12:30pm TH Bridge 12:30pm

### Villa Park

Ice Cream Social 2:00pm

22 Craft Day 1:00pm

23 Late Bloomers 2:00pm

BP & Random Blood Sugar Checks 10:30am-Noon

29 Elvis Day

Games & Activities:

Hot Meals 11:15am Euchre 12:15pm

W Quilting and More 1:00pm;

Boomwhackers 3:00pm

Keep Moving 1:00pm

### South Charleston

Ice Cream Social 1:00pm

BP & Random Blood Sugar Checks 10:30am-Noon

Hot Meals 11:30am

# September 2019



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### Special Weekday and Monthly Activities, Programs, and Events

# September 2 USS Closed for Labor Day

# September 9

Chair Massage 9am-3:30 \$-R Card Making Club 1pm NC-D Blocks to Blankets 10am NC-D

### September 16

SAILL Registration 10am (p4) \$-RI Monday Movie 12pm (p6) NC-D

## September 23

SAILL Fall Classes Begin (p4) \$-RI

September 30 Dilly Dally Euchre 12pm NC-D

### September 10 Parkinsons Support 1pm NC-D

# September 5

TRIAD 1:30pm (p10) NC-D

# September 12 Senior Living Resource Fair 2-6pm

(p5) NC-D-I

#### September 19 Lunch and Learn 12pm (p10) NC-R

September 26

R.E.A.L. Bookclub 1:30pm NC-D

# September 6

Dinner Dance 6-9pm (p7) \$-R

### September 20

Grand Re-Opening 3-5pm (p12) NC-D-I

### September 27

Variety Show 5:30-8:30pm (p7) NC-R

#### Enon

2 18 USS Closed for Labor Day AARP Driver Safety 1-5pm

#### Games & Activites:

Focus on Fitness 9:30am Bridge 9am•Euchre 1pm Bridge 9-5 & 9-19, 12:00pm; Sleeping Bag Project 9-12 & 9-26, 1:00pm

Enon Stitchers 11:30am; Hospice Pillows 12:30pm

### New Carlisle

Lake Avenue Games & Activities:

USS Closed for Labor Day

Rock Painting & Yahtzee 12:30pm

Wii Play 12:30pm

Lunch & Bingo 12:30pm Aggravation 12:30pm

Floats & Popcorn 12:30pm

Movie Day: *Dumbo* 12:30pm Dave Yarnell - Bagpipes 11:00am

Craft Day 12:30pm

Bunco 12:30pm 24

Buckeye Man 12:00pm Hot Meals 11am Dominoes 12:30pm

500 12:30pm TH Bridge 12:30pm

Hand, Knee, & Foot 12:30pm

### Villa Park

USS Closed for Labor Day

2 12 Summer Blowout 2:30pm

25 BP & Random Blood Sugar Checks 10:30am-Noon

26 Craft Day 1:00pm

Games & Activities:

Hot Meals 11:15am Euchre 12:15pm

W Quilting and More 1:00pm Boomwhackers 3:00pm

Keep Moving 1:00pm

### South Charleston

USS Closed for Labor Day 23 BP & Random Blood Sugar Checks 10:30am-Noon

M-F Hot Meals 11:30am