

August 2019



125 West Main Street
Springfield, OH 45502
937-323-4948

Building Hours: M-F 7am-7pm
Office Hours: M-F 8:30am-4:30pm

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
8am Aquatics \$-R-I	9am Focus on Fitness \$-R Yoga \$-R Samba (Card Game) NC-D	8am Aquatics \$-R-I	9am Focus on Fitness \$-R Poker NC-D	8am Aquatics \$-R-I
8:30am Pickleball NC-D-I	9-10:30am Computer Lab NC-R	8:30am Pickleball NC-D-I	10am CG Bike Ride NC-D-I Tai Chi NC-D	8:30am Pickleball NC-D-I
9am Aquatics \$-R	10:30am Moving w/Music \$-R	8:45am Blood Pressure Screenings - 11:30am NC-D	10:30am Wellness Exercise NC-D	9am Aquatics \$-R-I
10am Aquatics \$-R-I Bridge \$-D	11:30am Pinochle NC-D	9am Aquatics \$-R-I Mah Jongg NC-D Vintage Voices NC-I Computer Lab NC-D	11:30am Pinochle NC-D	9:30am Weaving NC-D
10:30am Keep Movin' \$-R	12pm Jammers NC-D Friendly Euchre NC-D	10am Aquatics \$-R-I Chess Club NC-D	12pm Jammers NC-D	10am Aquatics \$-R-I Chess Club NC-D Hula NC-D
11am Aquatics \$-R-I	12:30pm Bid Euchre NC-D	11am Aquatics \$-R-I	1pm Aquatics \$-R-I Scrabble NC-D Canasta NC-D Samba (Card Game) NC-D	11am Aquatics \$-R-I
12pm Aquatics \$-R-I	1pm Aquatics \$-R-I	12pm Aquatics \$-R-I	1:30pm Pickleball NC-D-I	12pm Aquatics \$-R-I Casual Cards NC-D Bridge NC-D
1pm Aquatics \$-R-I	2pm Aquatics \$-R-I Parkinson's Exercise NC-D	1pm Aquatics \$-R-I Bingo \$-D Meditation in Motion \$-R	2pm Parkinson's Exercise NC-D Aquatics \$-R-I	12:15-12:45pm Drums 4 Fitness \$-R
1:30pm Scrabble NC-D	2:30pm Chair Volleyball NC-D	2pm Aquatics \$-R-I Pickleball for Novices NC-D-I	3pm Pickleball Lessons: 9/5 NC-D-I Pickleball for Novices: 9/12, 19, 26 NC-D-I	1pm Zumba \$-R Aquatics \$-R-I Euchre NC-D
2pm Tai Chi NC-D Aquatics \$-R-I	3:30pm Aquatics \$-R-I	3pm Aquatics \$-R-I	3:30pm Photo Club NC-D Aquatics \$-R-I	3-6:45pm Jigsaw Puzzle Group NC-D Pickleball NC-D-I
3pm Pickleball NC-D-I Aquatics \$-R-I	4:30pm Pickleball NC-D-I Aquatics \$-R-I	4-6:15pm Pickleball NC-D-I	4:30pm Aquatics \$-R-I	
Key	5:30pm Aquatics \$-R-I		4:45pm Yoga \$-D	
\$ Cost			5pm Chair Volleyball NC-D	
NC No cost			5:30pm Aquatics \$-R-I	
R Registration required				
D Drop-in				
I Info/flyer available at the Matthies Welcome Center				

Special Weekday and Monthly Activities, Programs, and Events

<p>August 5 Chair Massage 9am-3:30pm \$-R Card Making Club 1pm NC-D Blocks to Blankets 10am NC-D</p> <p>August 13 Parkinsons Support 1pm NC-D</p> <p>August 19 Monday Movie 12pm (p6) NC-D</p> <p>August 26 Dilly Dally Euchre 12pm NC-D</p>			<p>August 1 TRIAD 1:30pm (p10) NC-D Photo Club 3:30pm (p10) NC-D</p> <p>August 15 Lunch and Learn 12pm (p10) NC-R Photo Club 3:30pm (p10) NC-D</p> <p>August 22 Ice Cream Social 1:30pm (p12) NC-R</p> <p>August 29 R.E.A.L Bookclub 1:30pm NC-D</p>	
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Games & Activities:

MW Focus on Fitness 9:30am
T Bridge 9am•Euchre 1pm
TH Bridge 8-1 and 8-15, 12:00pm
F Enon Stitches 11:30am;
Hospice Pillows 12:30pm

New Carlisle

Lake Avenue Games & Activities:

1 Wii Play 12:30pm
6 Movie Day: Where the Red Fern Grows 12:30pm
7 Legal Rights for Seniors 11:30am
13 Rock Painting 12:30pm
15 Aggravation 12:30pm
16 Floats and Popcorn 12:30pm
20 Bunco 12:30pm
29 Craft Day 12:30pm
30 Ice Cream Social 12:30pm
M-F Hot Meals 11am
M Dominoes 12:30pm
T Dominoes 8-13, 20, & 27 12:30pm
W 500 12:30pm
TH Bridge 12:30pm

Villa Park

9 Ice Cream Social 2:00pm
22 Craft Day 1:00pm
23 Late Bloomers 2:00pm
28 BP & Random Blood Sugar Checks 10:30am-Noon
29 Elvis Day

Games & Activities:

M-F Hot Meals 11:15am
T Euchre 12:15pm
W Quilting and More 1:00pm;
Boomwhackers 3:00pm
F Keep Moving 1:00pm

South Charleston

20 Ice Cream Social 1:00pm
26 BP & Random Blood Sugar Checks 10:30am-Noon
M-F Hot Meals 11:30am

