

February 2020

MONDAYS

8am	Aquatics Class.....\$-R
8:30am	Pickleball.....NC-D
9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D
10am	Aquatics Class.....\$-R Bridge.....\$-D
10:30am	Keep Movin'.....\$-R
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R
1pm	Aquatics Class.....\$-R Pickleball for Novice NC-D
1:30pm	Scrabble.....NC-D
2pm	Aquatics Class.....\$-R Tai Chi.....NC-D
3pm	Aquatics Class.....\$-R Pickleball.....NC-D
4pm	Yoga.....\$-D

TUESDAYS

9am	Computer Lab.....NC-R Focus on Fitness.....\$-R Lap Pool Swimming NC-D Samba (Card Game) NC-D Yoga.....\$-R
10:30am	Moving with Music.....\$-R
11:30am	Bid Euchre.....NC-D
12pm	Friendly Euchre.....NC-D Jammers.....NC-D Pinochle.....NC-D
1pm	Aquatics Class.....\$-R
2pm	Aquatics Class.....\$-R Parkinson's Exercise NC-D
2:30pm	Chair Volleyball.....NC-D
3:30pm	Aquatics Class.....\$-R
4:30pm	Aquatics Class.....\$-R Pickleball.....NC-D
5:30pm	Aquatics Class.....\$-R

WEDNESDAYS

8am	Aquatics Class.....\$-R
8:30am	Pickleball.....NC-D
8:45am	Blood Pressure Screenings.....NC-D
9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D Mah Jongg.....NC-D Vintage Voices.....NC-D
10am	Aquatics Class.....\$-R Chess Club.....NC-D
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R
1pm	Aquatics Class.....\$-R Bingo.....\$-D Meditation in Motion \$-R
2pm	Aquatics Class.....\$-R Pickleball for Novice NC-D
3pm	Aquatics Class.....\$-R
4pm	Pickleball.....NC-D

THURSDAYS

9am	Focus on Fitness.....\$-R Lap Pool Swimming NC-D Poker.....NC-D
10am	Tai Chi.....NC-D
10:30am	Wellness Exercise.....NC-D
12pm	Jammers.....NC-D Pinochle.....NC-D Samba (Card Game) NC-D
1pm	Aquatics Class.....\$-R Canasta.....NC-D Scrabble.....NC-D
1:30pm	Pickleball.....NC-D
2pm	Aquatics Class.....\$-R Parkinson's Exercise NC-D
3pm	Pickleball Lessons: First Thursday.....NC-D Pickleball for Novice: All other.....NC-D
3:30pm	Aquatics Class.....\$-R Photo Club.....NC-D
4:30pm	Aquatics Class.....\$-R
4:45pm	Yoga.....\$-D
5pm	Chair Volleyball.....NC-D
5:30pm	Aquatics Class.....\$-R

FRIDAYS

8am	Aquatics Class.....\$-R
8:30am	Pickleball.....NC-D
9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D Weaving.....NC-D
10am	Aquatics Class.....\$-R Chess Club.....NC-D Hula.....NC-D
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R Bridge.....NC-D Casual Cards.....NC-D
12:15pm	Drums 4 Fitness.....\$-R
1pm	Aquatics Class.....\$-R Euchre.....NC-D Zumba.....\$-R
3pm	Jigsaw Puzzle Group NC-D Pickleball.....NC-D

KEY
\$: Cost R: Registration
NC: No Cost D: Drop-in

Information on all activities,
can be found at the Matthies
Welcome Center.

Special Events & Programs

MONDAYS

Feb 3 Chair Massage 9-3:30pm.. \$-R-I
Hooks & Needles 10am
(p7).....NC-D

Feb 17 USS Closed for President's Day

Feb 24 Dilly Dally Euchre
12pm (p6).....NC-D

TUESDAYS

Feb 11 Parkinsons Support
1pm.....NC-D
Adult Nail Care
10-3pm.....NC-R-I

Feb 18 Hooks & Needles 10am
(p7).....NC-D

WEDNESDAYS

Feb 12 A1C Screenings 10am NC-D

THURSDAYS

Feb 6 Lunch & Learn (Ohio Valley)
11:30am (p7).....NC-R
TRIAD 1:30pm (p7).....NC-D

Feb 20 Lunch & Learn 12pm
(p7).....NC-R
Alzheimer's Counseling
8-4pm (p5).....NC-R

Feb 27 Bookclub 1:30pm.....NC-D

FRIDAYS

Feb 14 Valentine's Day Dinner Dance
6pm (p5).....\$-R-I

ENON

17 USS Closed for President's Day
19 Lunch & Learn.....12:30pm

GAMES & ACTIVITIES
MW Focus on Fitness.....9:30am
Games 2-10 & 2-24 11:30am
T Bridge.....9:00am
Euchre.....1:00pm
TH Bridge 2-6 & 2-20.....12:00pm
F Enon Stitchers 11:30am
Hospice Pillows12:30pm

NEW CARLISLE

4 BINGO12:30pm
11 Movie12:30pm
13 Craft 11:30am
17 USS Closed for President's Day
18 Dominoes12:30pm
21 Pizza Party12:30pm
24 Yahtzee12:30pm
25 Mardi Gras Celebration 11:00am
Bunco (\$0.50)12:30pm

GAMES & ACTIVITIES

M-F Hot Meals..... 11:00am
M Dominoes12:30pm
T Dominoes12:30pm
W "500"12:30pm
TH Bridge.....12:30pm
F Hand, Knee, & Foot.....12:30pm

VILLA PARK

6 Birthday Party.....1:00pm
10 Conversation, Coffee &
Cookies.....2:00pm
13 1st Annual Bake Off.....2:00pm
17 USS Closed for President's Day
20 Movie1:00pm
24 BINGO at Forest Glen2:00pm
27 OSU Extension Office1:30pm

GAMES & ACTIVITIES

M-F Hot Meals..... 11:00am
T Euchre.....12:15pm
W Quilting & More.....1:00pm
Boomwhackers.....3:00pm
F Keep Movin'1:00pm
Tax Prep - Call 937-399-3411

March 2020

MONDAYS

8am	Aquatics Class.....\$-R
8:30am	Pickleball.....NC-D
9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D
10am	Aquatics Class.....\$-R Bridge.....\$-D
10:30am	Keep Movin'.....\$-R
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R
1pm	Aquatics Class.....\$-R Pickleball for Novice NC-D
1:30pm	Scrabble.....NC-D
2pm	Aquatics Class.....\$-R Tai Chi.....NC-D
3pm	Aquatics Class.....\$-R Pickleball.....NC-D
4pm	Yoga.....\$-D

TUESDAYS

9am	Computer Lab.....NC-R Focus on Fitness.....\$-R Lap Pool Swimming NC-D Samba (Card Game) NC-D Yoga.....\$-R
10:30am	Moving with Music.....\$-R
11:30am	Bid Euchre.....NC-D
12pm	Friendly Euchre.....NC-D Jammers.....NC-D Pinochle.....NC-D
1pm	Aquatics Class.....\$-R
2pm	Aquatics Class.....\$-R Parkinson's Exercise NC-D
2:30pm	Chair Volleyball.....NC-D
3:30pm	Aquatics Class.....\$-R
4:30pm	Aquatics Class.....\$-R Pickleball.....NC-D
5:30pm	Aquatics Class.....\$-R

WEDNESDAYS

8am	Aquatics Class.....\$-R
8:30am	Pickleball.....NC-D
8:45am	Blood Pressure Screenings.....NC-D
9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D Mah Jongg.....NC-D Vintage Voices.....NC-D
10am	Aquatics Class.....\$-R Chess Club.....NC-D
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R
1pm	Aquatics Class.....\$-R Bingo.....\$-D Meditation in Motion \$-R
2pm	Aquatics Class.....\$-R Pickleball for Novice NC-D
3pm	Aquatics Class.....\$-R
4pm	Pickleball.....NC-D

THURSDAYS

9am	Focus on Fitness.....\$-R Lap Pool Swimming NC-D Poker.....NC-D
10am	Tai Chi.....NC-D
10:30am	Wellness Exercise.....NC-D
12pm	Jammers.....NC-D Pinochle.....NC-D Samba (Card Game) NC-D
1pm	Aquatics Class.....\$-R Canasta.....NC-D Scrabble.....NC-D
1:30pm	Pickleball.....NC-D
2pm	Aquatics Class.....\$-R Parkinson's Exercise NC-D
3pm	Pickleball Lessons: First Thursday.....NC-D Pickleball for Novice: All other.....NC-D
3:30pm	Aquatics Class.....\$-R Photo Club.....NC-D
4:30pm	Aquatics Class.....\$-R
4:45pm	Yoga.....\$-D
5pm	Chair Volleyball.....NC-D
5:30pm	Aquatics Class.....\$-R

FRIDAYS

8am	Aquatics Class.....\$-R
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9am	Aquatics Class.....\$-R Lap Pool Swimming NC-D Weaving.....NC-D
10am	Aquatics Class.....\$-R Chess Club.....NC-D Hula.....NC-D
11am	Aquatics Class.....\$-R
12pm	Aquatics Class.....\$-R Bridge.....NC-D Casual Cards.....NC-D
12:15pm	Drums 4 Fitness.....\$-R
1pm	Aquatics Class.....\$-R Euchre.....NC-D Zumba.....\$-R
3pm	Jigsaw Puzzle Group NC-D Pickleball.....NC-D

KEY
\$: Cost R: Registration
NC: No Cost D: Drop-in

Information on all activities,
can be found at the Matthies
Welcome Center.

ENON

17	USS Enon Closed for Voting
18	Lunch & Learn.....12:30pm
GAMES & ACTIVITIES	
MW	Focus on Fitness.....9:30am Games 3-9 & 3-23 11:30am
T	Bridge.....9:00am Euchre.....1:00pm
TH	Bridge 3-5 & 3-19.....12:00pm
F	Enon Stitchers 11:30am Hospice Pillows 12:30pm

NEW CARLISLE

3	BINGO (\$0.50)12:30pm
10	Dominoes12:30pm Bunco (\$0.50)12:30pm
12	Wii Play 11:30am
17	St. Patrick's Celebration 11:00am Dominoes12:30pm
19	Craft..... 11:30am
24	Movie 11:30am
30	Yahtzee.....12:30pm
31	Dominoes12:30pm

GAMES & ACTIVITIES	
M-F	Hot Meals..... 11:00am
M	Dominoes12:30pm
T	Dominoes12:30pm
W	"500".....12:30pm
TH	Bridge.....12:30pm
F	Hand, Knee, & Foot.....2:30pm

VILLA PARK

5	Birthday BINGO1:30pm
9	Cell Phone Tricks2:00pm
16	BINGO at Forest Glen.....2:00pm
26	USS Jammers.....1:30pm
30	National Pencil Day2:00pm

GAMES & ACTIVITIES	
M-F	Hot Meals..... 11:00am
T	Euchre12:15pm
W	Quilting & More.....1:00pm Boomwhackers.....3:00pm
F	Keep Movin'1:00pm Tax Prep - Call 937-399-3411

Special Events & Programs

MONDAYS

Mar 2	Chair Massage 9-3:30pm.. \$-R-I Hooks & Needles 10am (p7).....NC-D
Mar 16	Monday Movie 12pm (p6) NC-D Hooks & Needles 10am NC-D-I
Mar 23	SAILL Spring Registration
Mar 30	Dilly Dally Euchre 12pm (p6).....NC-D Hooks & Needles 10am NC-D-I SAILL Spring Classes Begin

TUESDAYS

Mar 10	Adult Nail Care 10-3pm \$-R-I Parkinsons Support 1pm NC-D
Mar 17	St Patrick's Day Luncheon 12pm (p5).....NC-D-I

WEDNESDAYS

Mar 11	Cholesterol Screenings 10am.....NC-D
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THURSDAYS

Mar 5	TRIAD 1:30pm (p7)..... NC-D Lunch & Learn (Ohio Valley) 11:30am (p7).....NC-R
Mar 19	Lunch & Learn 12pm (p7) NC-D-I Alzheimer's Counseling 8-4pm (p5).....NC-R
Mar 26	R.E.A.L. Bookclub 1:30pm.....NC-D

FRIDAYS

Mar 6	Dinner Dance 6pm (p5) \$-R-I
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